



### Tamale Cooking Instructions

The tamales are pre-cooked and frozen.

Here are 3 ways to warm up your delicious tamales:

1. **Oven:** Set oven at 200 degrees. Place unopened bag on cookie sheet on either of the top 2 racks of your oven for about 25 minutes if frozen or 20 minutes if thawed.
2. **Stovetop:** Place the unopened bag in a pot of boiling water for 25 minutes if frozen or 20 minutes if thawed. You only need about 3-4 inches of water in your pot.
3. **Microwave:** Best if thawed prior to cooking. Poke a couple of holes in the bag or make a slit. Microwave 3-4 minutes depending on your microwave. The bag will inflate some for wait for it to deflate. Check and feel to see if bag is warm enough for your liking. If you already opened the bag, it is suggested to only warm in the microwave.

Enjoy!



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